



WOMEN'S COMPETITIVE PROGRAM BULLETIN

SEPTEMBER 2017

IMPORTANT DATES

- Tuesday September 26: Program orientation for parents of competitive athletes, 7pm
- Monday, October 9: Thanksgiving – NO training
- Coach/athlete/parent meetings: Oct 12-30

TRAINING SCHEDULE

School Year: Tuesday, September 5, 2017 – Thursday, June 28, 2018

W25	25 hours	1-6pm M, T, Th, F and 8:30am – 1:30pm Sa
W20	20 hours	1-6pm M, T, F and 8:30am – 1:30pm Sa
W16	16 hours	4:15-8:15pm M, T, Th and 2-6pm Sa

KEY DATES CALENDAR (** indicates volunteer opportunity)

Monday, July 17	First day of Season
Friday, September 1	Last day of summer schedule
Tuesday, September 5	First day of school year schedule
Monday, October 9	Thanksgiving - no training
Sunday, October 22	Phoenix Community Event** CANCELLED
Saturday, November 11	JO9-10 training camp at Phoenix – participants TBA
Monday, November 13	Regular training
November - TBA	Program event**: Photo Day
December 24 – 26	Winter break - no training
December 27, 28, 29	Winter break training – modified schedule TBA
Dec 30 - Jan 1	Winter break - no training
Tuesday, January 2	Training resumes
Friday – Monday, March 30 – April 2	Easter Weekend - modified schedule TBA
Friday – Sunday , April 27-29	Gym event**: Luau Cup - no training
Monday, May 21	Victoria Day - no training
Sunday, June 24	Gym event**: Year End Show
Thursday, June 28	Last day of training
Monday, July 16	First day of 2018-19 season

PROGRAM ORIENTATION

- When: Tuesday, September 26, 7pm
- Where: Millennium Gym Community Room
- Who: all parents welcome and encouraged to attend

Discussion points: Power point presentation, review of program expectations and goals, communication, Q&A



Anyone who does not have a signed Parent & Athlete Code of Conduct on file will need to do one during orientation.

PARENT MEETINGS

All parents should sign up via [WAG PARENT MEETING GOOGLE DOC SIGN UP](#)

Be careful when you sign up. If two parents are signing up at the same time (and do not realize it), it is possible to write over someone's name inadvertently.

Coaches would like parents to choose a time that will allow their child to attend as well, however it is okay if this is not possible

UNIFORMS

Mandatory competition leotards

- design will remain unchanged for 2017/2018 (red/black/silver suit).
- Supplier is Alpha Factor in USA, industry leading fabric with 4-way stretch.

First & second year WAG athletes will compete in the Jagwear sleeveless black suit with silver sequins on the chest that they wore in the DEV GIRLS program.

Sizing & measuring is in process during regular training hours. If your child needs a new gym suit, we will let you know.

- Approximate cost:
 - Alpha Factor suit \$200-250
 - Jagwear suit: \$90

Competitive program team jacket

All athletes in the competitive program must have a program team jacket as part of their uniform to wear to competitions. Details TBC.

- Approximate cost: \$80-100